

DementiAbility Methods: The Montessori Way™

Two Day Workshop for Care Professionals

Keeping Busy
The Dementia Activities Specialist

Designed primarily for professionals working with people with dementia, this two-day program focuses on Montessori Methods for Dementia™, an innovative method of working with older adults living with cognitive impairments.

Montessori Methods for Dementia™ are based on the educational philosophies of famed childhood educator Dr. Maria Montessori. Dr. Cameron Camp was the first to discover that Dr. Montessori's philosophies and principles could be effectively adapted to dementia programming. Gail Elliot furthered that work to develop Montessori Methods for Dementia™. Research has provided clear evidence of increased levels of engagement and participation in activities when Montessori approaches are implemented with persons with dementia.

Participants in the workshop will learn about the basic principles of Montessori Programming, along with practical hands-on opportunities to apply the techniques and consider how this philosophy of care can be adopted for their clients and programs. The first day of the program focuses on background information and an introduction to Montessori Methods and the second day focuses on putting the concepts into practice for specific clients, activities and environments.

Who Should Attend

The workshop is of primary importance to:

- Occupational Therapists
- Nursing - LPN's and RN's
- Recreation

Also benefits:

- CCA's
- Physiotherapists
- Other support staff

Who Benefits

The person with dementia

Individuals who are challenged by cognitive loss will benefit when their providers of care learn about the evidence-based strategies that are discussed in our workshops. "DementiAbility Methods: The Montessori Way™" focuses on knowing the person, making observations and then creating a plan that is aimed at addressing the needs of each person with dementia, according to interests, skills and abilities. The focus is on person-centred care in a prepared environment. The overall focus is adding quality to life.

The person providing support

The person providing dementia support, and care, benefits from these workshops. Workshop participants are provided with current knowledge and, during the workshop, they are provided with opportunities to test their understanding of the materials using case examples and role-plays. They will learn about innovative, evidenced-based strategies that are aimed at enhancing function and quality of life in the persons with dementia, with the objective of enhancing the lives of both the person with dementia and the providers of support and care.

Curriculum on reverse...

Course Curriculum

Day 1

Introduction to Montessori Methods for Dementia™

Understanding Dementia:

- An Examination of Abilities
- Exploring the Relationship between Responsive Behaviours and the Question “Why?”
- Finding the person behind the dementia
- The 3 D's (Dementia, Depression & Delirium)

Memory:

- Procedural Memory (spared)
- Declarative Memory (must be supported)
- Spared capacity in dementia

Introduction to Montessori:

- Making connections: Dr. Maria Montessori's pioneering work and Dementia
- 4 Classes of Activities
- Linking needs, skills and abilities with goals
- The importance of activities
- The Montessori Methods for Dementia™ Model
- The key to success: The Montessori Principles – Adapted for Dementia
- Creating and Presenting Activities
- Roles and Routines

Day 2

Review

Montessori Methods for Dementia™ are for:

- A home/program (as a philosophy/model of care)
- Individuals
- Groups

Examples of the Supporting the Environment

Group Exercise:

- Putting the Montessori Methods for Dementia™ Model into Practice
- Role Play - Creating & Presenting Montessori Activities (Memory Games, Category Sorts and other)
- Role Play - Demonstrating how to play Montessori Games

Addressing Responsive Behaviours with Montessori Methods for Dementia™

Group Sharing, Role Play & Discussion

Doing Things Differently

- Addressing Barriers to Implementation
- Making a commitment to change practice: Ten things I will change

This workshop was designed by Gail Elliot of DementiAbility Enterprises Inc., a leading expert in the field of aging and has been offered to over 2,000 professionals. The Ontario Ministry of Health has adopted this workshop as one of its four educational programs for dementia and it is included as one of the core courses in the McMaster University Geriatric Certificate Program.



Workshop Cost \$400.00 per person
(\$450 after early registration date)

To schedule a workshop, or for more information, contact Donna Ray by e-mail donna.ray@keepingbusy.com or by telephone at 800-834-8290